

CRYOBRIGHT FULL GUIDELINES - COVID-19

Please see below the measures we are taking to provide you with a safe environment that complies with guidelines issued by the Government and our local authority.

THE CLINIC:

- Will operate on an appointment only basis, to avoid too many people being in the clinic at one time
- All surfaces, furniture and touchpoints will be cleaned with disinfectant/antibacterial cleaning products on a regular basis throughout the day and between each treatment
- All equipment will be cleaned with disinfectant/antibacterial cleaning products
- Hand sanitiser will be available throughout the clinic
- All floors and surfaces will be deep cleaned every evening

RECEPTION:

- Equipment such as telephones, reception desk, keyboards, credit card machines, payment system, Ipad, pens, mouse etc to be regularly cleaned with disinfectant/antibacterial cleaning products

CHANGING ROOMS:

- Antibacterial gel available in each changing room
- Hooks will be sanitised regularly
- All door handles and doors will be sanitised on a regular basis
- All surfaces, mirrors and floors will be cleaned throughout the day regularly

TOILETS:

- Toilet to be regularly disinfected and cleaned throughout the day
- Customers asked to wash their hands thoroughly
- Door handles and doors to be sanitized on a regular basis
- Single use paper towels provided

COMPRESSION AREA:

- Loungers will be spaced out to comply with social distancing guidelines
- Loungers will be wiped with disinfectant/antibacterial cleaning products in between each client
- Compression leggings to be thoroughly disinfected after each client
- Appointments will be evenly spaced out to allow extra time for necessary cleaning

WHOLE BODY CRYOTHERAPY ROOM:

- Door handles are surfaces thoroughly cleaned after each client
- Customers and staff to wear masks /face shields at all times

- Customers will be asked to use the hand sanitiser provided before their treatment

TREATMENT ROOMS:

- Staff to wash their hands before and after all treatments
- Staff to wear face shields/masks during all treatments
- Staff to clean and sanitise massage couches before and after every customer
- Door handles, surfaces and doors to be sanitised regularly
- Disposable coach roll to be used
- Any towels to be removed and washed after each appointment

OUR STAFF:

- Staff will wear a plastic face shields at all times
- Staff will wash hands regularly
- Staff will have their temperature taken every morning to help detect early signs of illness

WHAT WE KINDLY ASK OF OUR CLIENTS:

- To arrive wearing a mask and to keep the mask on for the duration of your treatment/visit
- To wash your hands or use the hand sanitiser provided upon entering the clinic
- To contact us to re-arrange your appointment, if you have a temperature, or are feeling unwell, or if any person in your household is unwell or is self-isolating.
- To have your temperature taken using our non-contact thermometer on arrival
- To arrive on time for your appointment to avoid overcrowding in the clinic
- Bring your own drink, as unfortunately we are unable to provide any refreshments at this time

Thank you for helping us to keep our clinic clean and staff and customers safe and healthy.